

Acknowledgments must be given to Nelson M, Erens B, Bates B, Church S & Boshier T if this questionnaire is used or modified.



P2258

IN CONFIDENCE

SOCIAL & RESOURCE INFLUENCES ON EATING HABITS

Food consumption record: individual 24-hour recall

(1-7)        SERIAL NUMBER

(8)  CKL

(9)  RESPONDENT No.

(10-13) Spare

Card No. (14-15)

First name:

(16-21) INTERVIEWER NUMBER:

INTERVIEWER NAME:

SUMMARY OF COMPLETED 24-HOUR RECALLS (to be completed after each recall)

	Completed (4)	Date recalled	Day recalled
DAY 1	<input type="checkbox"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	_____
DAY 2	<input type="checkbox"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	_____
DAY 3	<input type="checkbox"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	_____
DAY 4	<input type="checkbox"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	_____

## Food Description

In general the following information is required:

- Type of food or drink
- How was it bought – fresh, canned, frozen, dehydrated etc?
- Was it home-made – if so – what was in it? *Don't forget to record any recipes on the Recipe Pages.*
- How was it cooked – boiled, grilled, fried etc?
- If it was cooked in fat, or fat was used in pastry or cakes or any other dish, what sort of fat or oil was used?
- If it was a dried / dehydrated product, was it reconstituted using water, milk or both?
- Was the item coated before cooking – if so – was it flour, batter, egg, breadcrumbs etc?
- Was it unsweetened, sweetened with sugar/honey, or artificially sweetened?
- Was it low fat / low calorie?

Remember to use neutral prompts to gather the above information and to prompt for foods that may be eaten in combination e.g. dressing on salad, jam on toast.

Many foods require additional, specific information. These are on the [Food Description Prompt Sheet for Interviewers](#).

For takeaway food and fast food, please enter the name of the food as it appears on the menu and the name and address of the outlet.